



Ingredients 2 Portions

🖊 = Kotányi Produkte

For the salsa

Tomato

Red bell pepper

Onion

11 tbsp. Olive oil

2 tsp. Tomato puree

2 tsp.

◆ Paprika Special Sweet 2 tsp.

1 pinch ♦ Sea Salt, Coarse

For the taco rice

1 Stk. Onion Olive oil 4 tbsp.

Cup of long-grain rice

3 tbsp. Dark balsamic vinegar

100 g Canned corn

100 g Kidney beans, from a can

1 Stk. Red bell pepper

♦ Organic Ginger, 1 tsp.

Ground

1 tsp. ◆ Cumin, Ground

1 tsp.

1 pinch ♦ Chili Powder

1 pinch ♦ Sea Salt, Coarse

Aromatic Taco Rice with Tomato and Paprika Salsa

可 30—40 Min **分 分**





Preparation

- Then add the garlic, tomato puree and paprika. Fry for a few seconds. Add a little water if required.
- Season to taste with salt and use a hand blender to roughly puree. Fill two bowls with the salsa and leave to cool.
- To make the taco rice: Finely dice the onion. Heat the olive oil in a pan and fry the onion. Quickly brown the rice and then use the balsamic vinegar to deglaze the pan. Add the same amount of water as rice.
- Season with salt, chili, ground ginger and ground cumin. Cover the rice and bring to the boil.
- When the water has almost evaporated, add a spoonful of salsa and allow the rice to finish cooking. Then stir in the drained corn, kidney beans and rosemary and enjoy.



