



Ingredients 4 Portions • = Kotányi Produkte

5 pcs. Lettuce hearts600 g Veggie mince

80 g Mayonnaise, vegan

2 pcs. Onion, white4 pcs. Garlic cloves

35 ml Sesame oil

35 ml Rice wine, sweet (mirin)

2 pcs. Scallions

1 pinch Sea Salt, Coarse

1 pinch Pepper Rainbow, Whole

1 Bunch of fresh chives

For the 5 spice seasoning mix

1 tsp. Szechuan pepper
3 tsp. Cinnamon, Ground
1 pcs. Star Anise, Whole
1 tsp. Coriander, Ground

Cloves, Ground

Asian Filled Veggie Wraps

Ō 35—45 Min ♀♀♀

Preparation

- 1 To make the 5 spice seasoning mix, finely grind the star anise and toast it in a pan with the other spices until it gives off an aroma. Remove from the heat immediately and put to one side.
- 2 Then peel and thinly slice the onion and garlic. Heat some oil in a pan and sweat the onion and garlic. Add the vegan mince and fry it off briefly.
- 3 Use sweet rice wine to deglaze and add sesame oil. Season to taste with the 5 spice seasoning mix, salt and pepper. Mix the ingredients together well and sauté for around 10–15 minutes. Add more seasoning to taste if required.
- 4 While that's cooking, chop the chives and the scallions. Separate the lettuce hearts from their stalks and wash. Then pat dry with a piece of paper towel.
- 5 Garnish the mince with a little mayonnaise to serve and top with chives, scallion rings and Kotányi Crispy Onions. Stuff the lettuce leaves with the mince and enjoy.



1 tsp.