



Ingredients 2 Portions

🖊 = Kotányi Produkte

0.5 kg Butternut squash

2 piece Scallions

1 piece Garlic clove

Organic limes 2 piece

Bunch of fresh cilantro

Red chili, fresh 1 piece

Brown sugar 1 tsp.

Olive oil

Sesame oil

Soy sauce

Coriander, Whole 1 tsp.

♦ Chili Extra Hot

Granules

1 pinch ♦ Sea Salt, Coarse

◆ Pepper Rainbow, Whole 1 tsp.

0.5 tsp. ♦ Organic Cinnamon,

Ground

 ◆ Cayenne Pepper, 1 tsp.

Ground

Asian Squash Salad with a Lime and Chili Dressing

(可 15—20 Min **(** 口 口 口





Preparation

- Use a pestle and mortar to crush the chili flakes, peppercorns and coriander seeds, then add the cinnamon and salt.
- Use a Parmesan slicer to grate the squash or slice it finely. Then sweat the crushed spices with olive oil in a pan. Add the pumpkin and fry.
- To make the dressing: Mix the juice and zest of a lime with olive oil, sesame oil and soy sauce. Finely dice the garlic, scallions and a small red chili. Add the sugar and half a tsp. of cayenne pepper and mix thoroughly.
- Dish up the still-warm pumpkin with the dressing and fresh cilantro leaves and serve.

