



Ingredients 4 Portions 🖊 = Kotányi Produkte

2 piece Avocados

3 piece Bananas

1 tbsp.

2 tbsp. Agave syrup

3 tbsp. Cocoa powder,

unsweetened

2 tbsp. Hazelnuts, ground

3 tbsp. Coconut oil, melted

> Hazelnuts to garnish, chopped

1 piece

Whole

Avocado and Vanilla Chocolate Mousse





Preparation

- Cut the avocados in half, remove the stone, then add the flesh to a bowl together with a peeled banana. Use a hand blender to blend into a fine mousse.
- Halve a vanilla pod and scrape out the pulp with the back of a knife.
- Add the rest of the ingredients and use a hand blender to blend until smooth.
- Keep the avocado and chocolate mousse in the fridge until needed, then garnish with the chopped hazelnuts.

