



Ingredients 6 Portions

🖊 = Kotányi Produkte

3 piece Bananas, ripe100 g Coconut oil

100 g Apple puree

80 g Sugar

250 g Wheat flour

10 g Baking powder

0.5 tsp. 🕴 Organic Cinnamon,

Ground

For the coconut cream

250 g Coconut yogurt2 tbsp. Powdered sugar



Cinnamon Banana Bread with Coconut Cream

Ō 60-70 Min ♀♀♀

Preparation

- 1 Preheat the oven to 180°C (356°F) using the conventional oven setting. Melt the coconut oil in a small pan.
- 2 Peel the bananas and use a fork to crush them to a fine paste, then mix this with the melted coconut oil and the apple puree.
- 3 In a second bowl, mix combine the flour, sugar, baking powder and cinnamon, then slowly fold in the banana puree until a smooth dough forms.
- 4 Grease a loaf tin with coconut oil and pour in the mixture. Bake the banana bread in the oven for 55 minutes.
- To make the coconut cream: Combine the coconut yogurt and the powdered sugar. Chill until ready to use.
- 6 Allow the cooked banana bread to cool and turn out onto a plate. Serve with the coconut cream.