

Fruity Salad Bowl with Apple & Paprika Chips

10–15 Min

Ingredients 1 Portions

= Kotányi Produkte

For the salad

100 g	Iceberg lettuce
100 g	Arugula
4 piece	Apricots
50 g	Cucumber
20 g	Blueberries
40 g	Feta
1 piece	Scallion

For the dressing

710 g	Greek yogurt
1 tsp.	Lemon juice
1 tbsp.	Olive oil
1 piece	Garlic clove, small
1 tsp.	Chives, fresh
1 pinch	Sea Salt, Coarse
1 pinch	Pepper Black, Whole

For the topping

25 g	Apple Chips

Preparation

1. To make the dressing: Mix the Greek yogurt with all the other ingredients.
2. Wash the fruit and vegetables. Tear individual leaves off the iceberg lettuce and lay on the bottom of a bowl.
3. Then place the arugula on top. Use a peeler to slice thin strips of cucumber and lay in the bowl.
4. Thinly slice the scallion and sprinkle over the salad. Remove the stone from the apricots, cut them up and sprinkle over the salad with the blueberries.
5. Crumble the feta and sprinkle around the edge of the bowl.
6. Finally, sprinkle the Apple Chips over the salad and serve with the dressing on the side.