



Fruity Salad Bowl with Apple & Paprika Chips

🕒 10–15 Min   

Preparation

- 1 To make the dressing: Mix the Greek yogurt with all the other ingredients.
- 2 Wash the fruit and vegetables. Tear individual leaves off the iceberg lettuce and lay on the bottom of a bowl.
- 3 Then place the arugula on top. Use a peeler to slice thin strips of cucumber and lay in the bowl.
- 4 Thinly slice the scallion and sprinkle over the salad. Remove the stone from the apricots, cut them up and sprinkle over the salad with the blueberries.
- 5 Crumble the feta and sprinkle around the edge of the bowl.
- 6 Finally, sprinkle the Apple Chips over the salad and serve with the dressing on the side.

Ingredients 1 Portions

♦ = Kotányi Produkte

For the salad

100 g	Iceberg lettuce
100 g	Arugula
4 piece	Apricots
50 g	Cucumber
20 g	Blueberries
40 g	Feta
1 piece	Scallion

For the dressing

710 g	Greek yogurt
1 tsp.	Lemon juice
1 tbsp.	Olive oil
1 piece	Garlic clove, small
1 tsp.	Chives, fresh
1 pinch	♦ Sea Salt, Coarse
1 pinch	♦ Pepper Black, Whole

For the topping

25 g	♦ Apple Chips
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