



## Ingredients 4 Portions

🖊 = Kotányi Produkte

1 pkg. Ready-made quiche pastry

5 Eggs

250 ml Whipping cream

Goat's cheese 140 g

Pine nuts 1 tbsp.

200 g Baby carrots

Baby spinach, handful

2 tbsp.

1 pinch ♦ Sea Salt, Coarse

1 pinch Pepper Black, Whole

## Goat's Cheese Quiche with Baby Spinach and Carrots





## Preparation

- Grease a quiche tin and line it with the pastry. Preheat the oven to 170 °C (392 °F).
- Use a fork to prick holes in the base and bake for around 5 minutes. In a bowl, combine the egg, whipping cream, Kotányi Herbs and crumbled goat's cheese. Pour the mixture into the quiche tin.
- Wash the carrots and halve them lengthways. Wash the spinach.
- Distribute the carrots, so that everything is well covered by the mixture. Season with sea salt and ground pepper.
- 5 Bake the quiche for 45 minutes at 170 °C (338 °F) using the fan setting.
- Slice the quiche, serve on plates and enjoy.

