



Ingredients 4 Portions

🖊 = Kotányi Produkte

For the kofta

800 g Beef, ground2 Stk. Garlic cloves1 Stk. Onion, large

1 Egg

3 tbsp. Breadcrumbs

1 tsp.

✓ Pepper Black, Ground

Granules

1 pinch Pepper Black, Whole

For the ezme

300 g Tomatoes

1 Stk. Salad cucumber

1 Stk. Onion

1 Handful of fresh parsley

1 Stk. Garlic clove

2 tbsp. Pomegranate syrup1 tbsp. White wine vinegar

2 tbsp. Olive oil

1 Handful of pomegranate

seeds

2 tbsp. Lemon juice

Granules

1 tsp. / Spearmint, Crushed

1 pinch

Sea Salt, Coarse

1 pinch Pepper Black, Whole

Grilled Kofta with Ezme and Cacik

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Preparation

- 1 To make the ezme: Chop the tomatoes, cucumber, onion, parsley and garlic as finely as possible and mix in a large bowl. Add the pomegranate syrup, vinegar and olive oil and stir.
- 2 Now add the spices and season to taste with sea salt, ground pepper and the juice of half a lemon. Garnish with pomegranate seeds and put to one side.
- To make the cacik: Finely grate the cucumber, crush the garlic and mix with all the other ingredients. Season to taste, garnish with chili and place in the fridge.
- 4 To make the kofta: Peel and very finely chop the garlic and onions.

 Combine all the other ingredients and allow to infuse for 10–15 minutes.
- 5 Then shape into pieces as long as an index finger and reasonably thick. Grill for 10 minutes or fry in a pan.
- 6 Serve the kofta with the ezme and cacik and enjoy.



400 g Greek yogurt

0.5 Stk. Salad cucumber

1 Stk. Garlic clove

1 tsp.

✓ Spearmint, Crushed

Granules

1 pinch Sea Salt, Coarse

1 pinch Pepper Black, Whole

