



Ingredients 4 Portions

🖊 = Kotányi Produkte

4 piece Pork chop (approx. 250 g)

0.5 piece Apple

3 tbsp. Honey

Sunflower oil 2 tbsp.

2 tsp.

♦ Sea Salt, Coarse

Pepper Black, Ground

For the crushed potatoes

800 g Potatoes, waxy

Olive oil

♦ Rosemary, Chopped 1 tsp.

For the grilled carrots

Bunch of small carrots

Olive oil

Pork Chop with Apple and Honey Marinade



Preparation

- Remove the core from the apple and finely dice. Make a marinade by mixing the diced apple, sunflower oil, Kotányi Grill Chop mix and a pinch of Kotányi Pepper.
- Use this to marinate the chops and leave to infuse until ready to use.
- Wash the potatoes thoroughly and cook with their skins on. Then place onto a baking tray lined with baking parchment and lightly press until they split open. Add a good splash of olive oil and Kotányi Rosemary, season with salt and pepper and bake for around 25 minutes at 200°C (392°F) using the conventional oven setting until crispy.
- Peel the carrots, then cut them in half (if necessary) and brush with olive oil. Grill for around 8-10 minutes turning frequently. Season with salt and pepper.
- Grill the chops for around 5 minutes on both sides, then remove from the grill and cover in aluminum foil. Leave to rest for around 5 minutes. Season with salt to taste.
- Serve the chops with the crushed potatoes and grilled carrots.

