



Ingredients 4 Portions

🖊 = Kotányi Produkte

For the stuffed kohlrabi

4 pcs. Kohlrabi, medium-sized

3 tbsp. Scallions, finely chopped

1 tbsp. Peas, frozen

8 tbsp. Cottage cheese

6 tbsp. Bulgur 180 ml Water

2 Egg yolks

33 3

Seasoning Mix

For the flatbread

190 ml Milk, warm

50 g Butter

150 g Chickpea flour

150 g Spelt flour

1 tsp. Baking powder

0.5 tsp. / Coriander, Ground

1 tsp.

✓ Sea Salt, Coarse

Stuffed kohlrabi with flatbread

Ō 60-70 Min ♀♀♀

Preparation

- 1 Melt the butter into the warm milk. Add the other flatbread ingredients, knead into a smooth dough and leave this to rest for 15 minutes.
- 2 Peel the kohlrabi and leave the peel to one side.
- 3 Scoop out the inside of the kohlrabi to form "kohlrabi bowls".
- 4 Cook the bulgur in salt water for 10 minutes, then cover this and put it to one side.
- 5 Combine the cottage cheese, scallions, peas, herbs and cooled bulgur. Then mix in the egg yolks.
- 6 Fill the hollowed out kohlrabi with the mixture.
- 7 Place them in an ovenproof dish and bake them in the grill over indirect heat at 180°C (356°F) for 30 minutes until they are golden brown. Pour a little water in the bottom of the dish as required.
- 8 Cut the dough into even portions and shape it into small balls. Flatten these using your hands. Place them in the grill on a preheated grill plate or pizza stone and bake them on both sides for approximately 3 minutes.
- 9 Slice the kohlrabi leaves into thin strips and use these to garnish the stuffed kohlrabi before serving.

