



Mediterranean tofu marinade

🕒 5–10 Min 

Preparation

- 1 Wrap the tofu in kitchen paper or a tea towel and squeeze it gently to remove any excess liquid. Then cut it into slices of your desired size.
- 2 Mix the ingredients for the marinade in a bowl and leave the tofu to marinate for at least 30 minutes.

HINT: Tip: If you leave the tofu in the marinade overnight, it will have even more flavour!

Ingredients 2 Portions

♦ = Kotányi Produkte

4 tbsp	Olive oil
2 tbsp	♦ Italian Herbs
1 tbsp	Lemon juice and peel
1 tsp	♦ Garlic Granules
1 tsp	♦ Smoked Salt with Sea Salt
1 pinch	♦ Chili Jalapeño
	Fresh herbs

