



Ingredients 4 Portions

🖊 = Kotányi Produkte

For the Vanilla Curd Dumplings

250 g Curd (20% fat)

1 Pc. Egg, organic

1 Pc. Egg Yolk

40 g Butter, melted

90 g Breadcrumbs, white

1 Tsp. Maizena125 g Butter

150 g Breadcrumbs, white

1 Tbsp.

Bourbon Vanilla Sugar

1 Pinch

✓ Sea Salt, Coarse

For the Cardamom-Pears

2 Pc. Pears1 Tbsp. Maizena250 ml Pear Juice

2 Tbsp.

0.5 Tsp. Cardamom, Ground

Honey

2 Pc. Cloves, Whole

1 Pc.

◆ Bourbon Vanilla Pods,
Whole

Vanilla Curd Dumplings with Preserved Cardamom Pears

(可 45-60 Min **(口)** 口

Preparation

- 1 For the curd dumplings, mix all the ingredients into a smooth mass and cover in the refrigerator for about 2 hours.
- 2 In the meantime, peel and core the pears and cut into wedges.
- 3 Scrape out the vanilla pod and add the vanilla pulp, pod and the cloves to the pear juice. Bring to a boil.
- 4 Stir in honey and cardamom and let simmer briefly. Remove the vanilla pod and cloves towards the end.
- 5 Mix the maizena with a little cold water and use it to slightly thicken the pear juice. Finally, place the pear wedges in the juice and remove the pot from the stove.
- 6 Shape the dough into medium-sized dumplings and cook gently in sweetened water for about 20 minutes.
- 7 Meanwhile, melt the rest of the butter in a pan and then add the breadcrumbs.
- 8 Briefly drain the cooked dumplings and roll them in the butter crumbs.
- 9 Serve with the pears and sprinkle with icing sugar.

